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AUTHORIZATION TO RELEASE INFORMATION

I, **(name of patient)** _____, (hereinafter "Patient") hereby authorize
Dr. Carolyn Shoshana Fershtman _____, (hereinafter "Provider") to disclose mental
health treatment information and records obtained in the course of psychotherapy treatment of
Patient, including, but not limited to, therapist's diagnosis of Patient, to:

Such disclosure shall be limited to the following specific types of information: _____

_____.

I authorize _____ to disclose to Dr. Carolyn Shoshana Fershtman information
related to my treatment. Such disclosure shall be limited to the following specific types of
information:

_____.

I understand that I have a right to receive a copy of this authorization. I understand that any
cancellation or modification of this authorization must be in writing. I understand that I have the
right to revoke this authorization at any time unless Provider has taken action in reliance upon it.
And, I also understand that such revocation must be in writing and received by Provider at the
above address to be effective.

This disclosure of information and records authorized by Patient is required for the following
purpose: _____.

Therapist shall not condition treatment upon Patient signing this authorization and Patient has the
right to refuse to sign this form. Patient understands that information used or disclosed pursuant
to this authorization may be subject to re-disclosure by the recipient and may no longer be
protected by the HIPAA Privacy Rule, although applicable California law may protect such
information.

This authorization shall remain valid until: revoked in writing by patient.

Patient's signature: _____ Date: _____
